



| Game One



2022 CARDIOVASCULAR COLLABORATIVE SEASON OPENER

Tuesday May 3, 2022
9:00am – 1:00pm CT



Batter Up!



Welcome to Game One of the 2022
Annual Meeting

The Cardiovascular Collaborative Season Opener



Goals of the Meeting



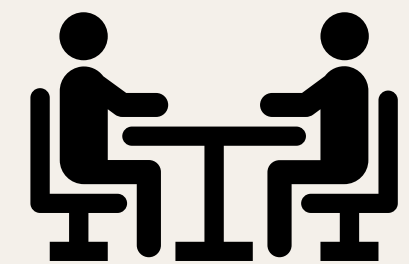
GOAL 1

Get the team up to speed



GOAL 2

Prioritize and plan for activities to work on in 2022-2023



GOAL 3

Identify partners to recruit



Agenda

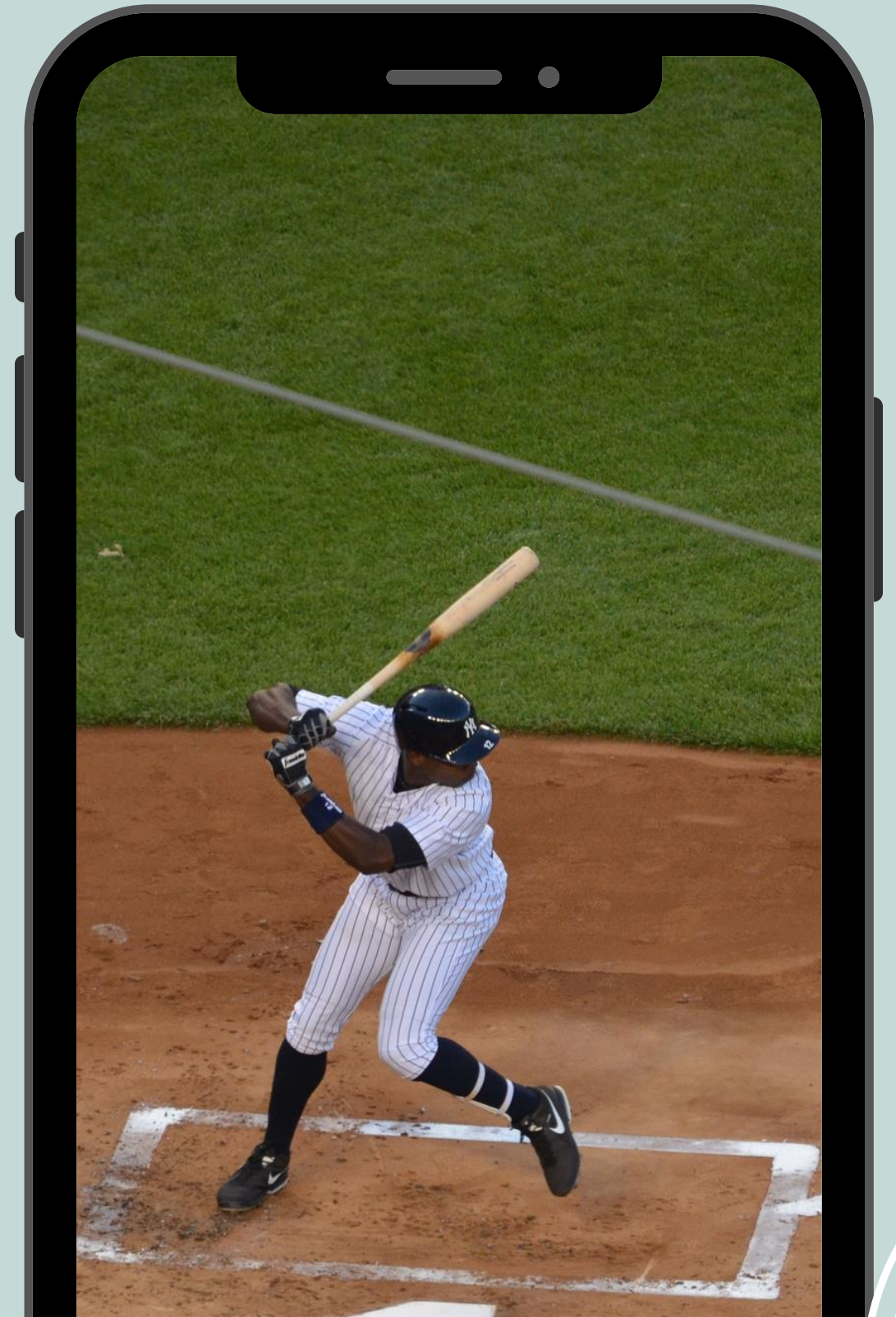
WELCOME & HOUSEKEEPING

**INTRODUCTION TO 2022-2026
STRATEGIC PLAN**

BREAK

**GOAL AREA WORKGROUP
BREAKOUT SESSIONS**

CLOSING

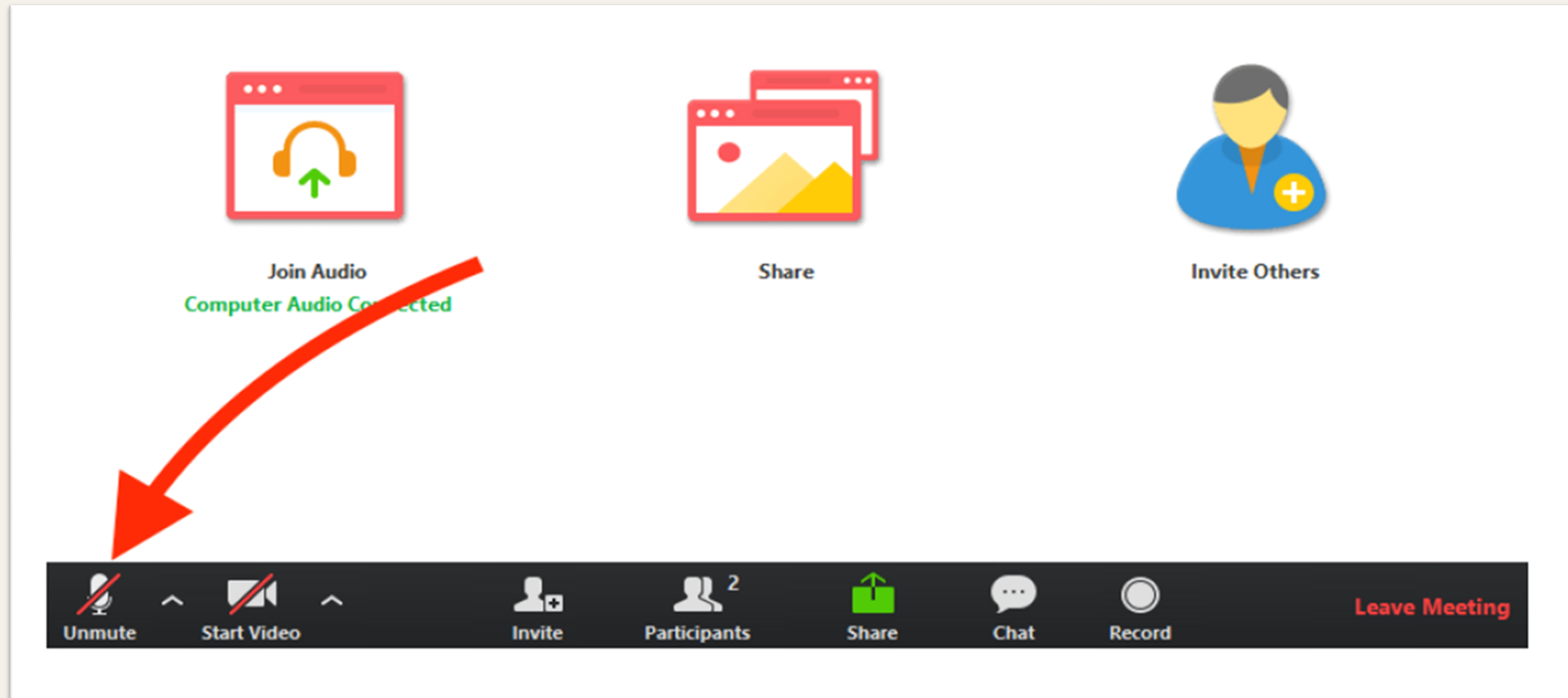




RULES OF THE GAME

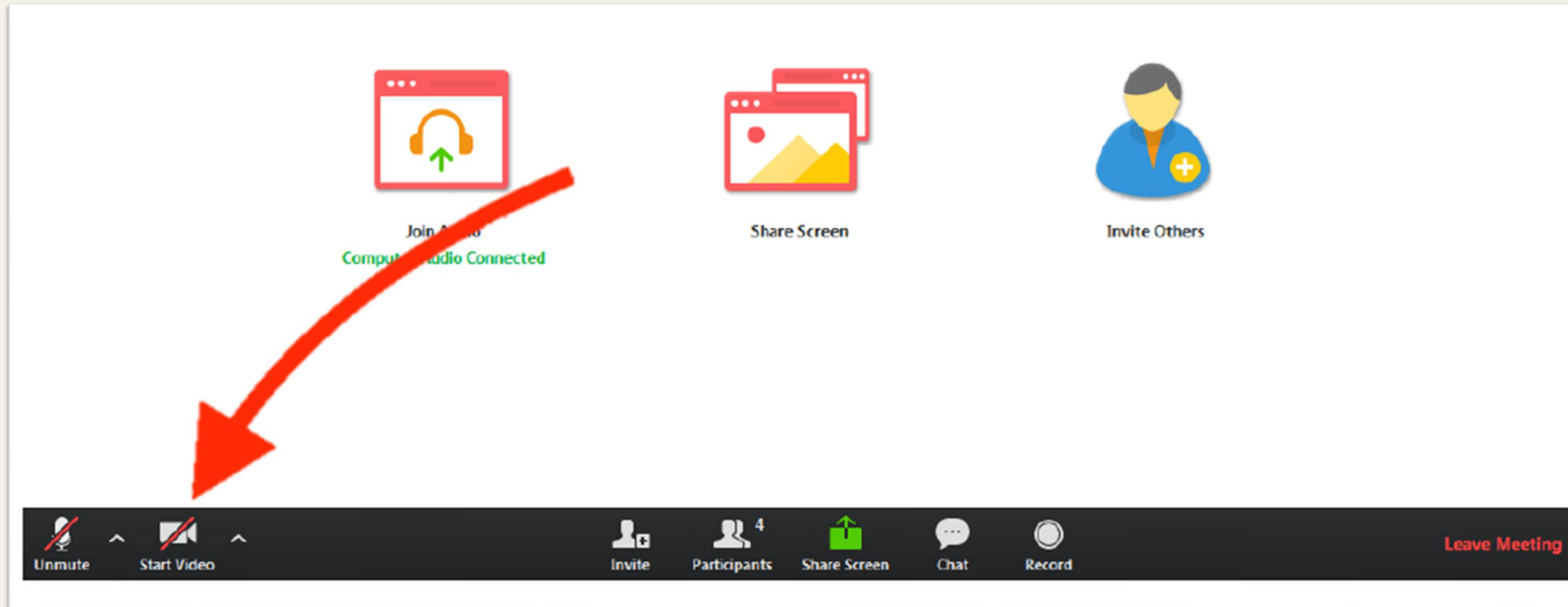
- Please mute your audio
- Cameras will remain off for now
- Questions at any time in chat box
- Meeting will be recorded
- Okay to step away as needed
- Participation is required :)

Mute / Unmute



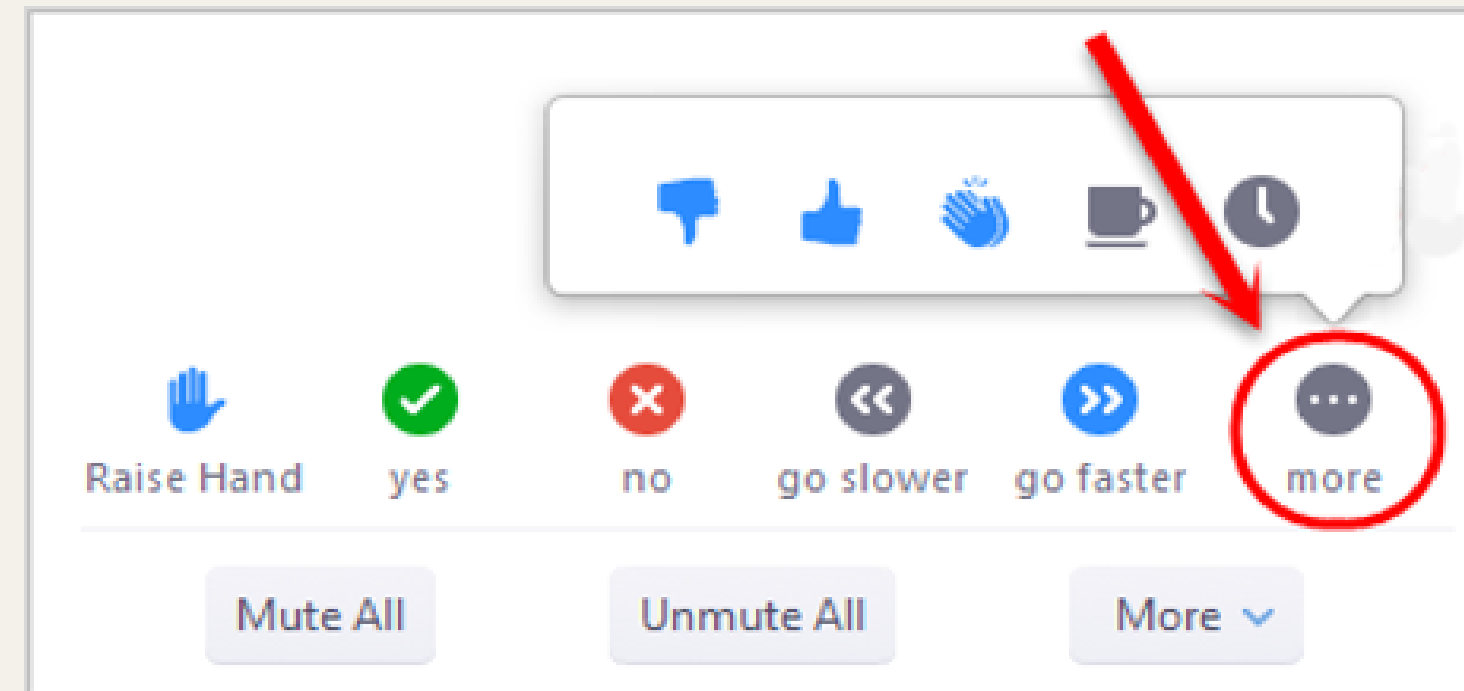
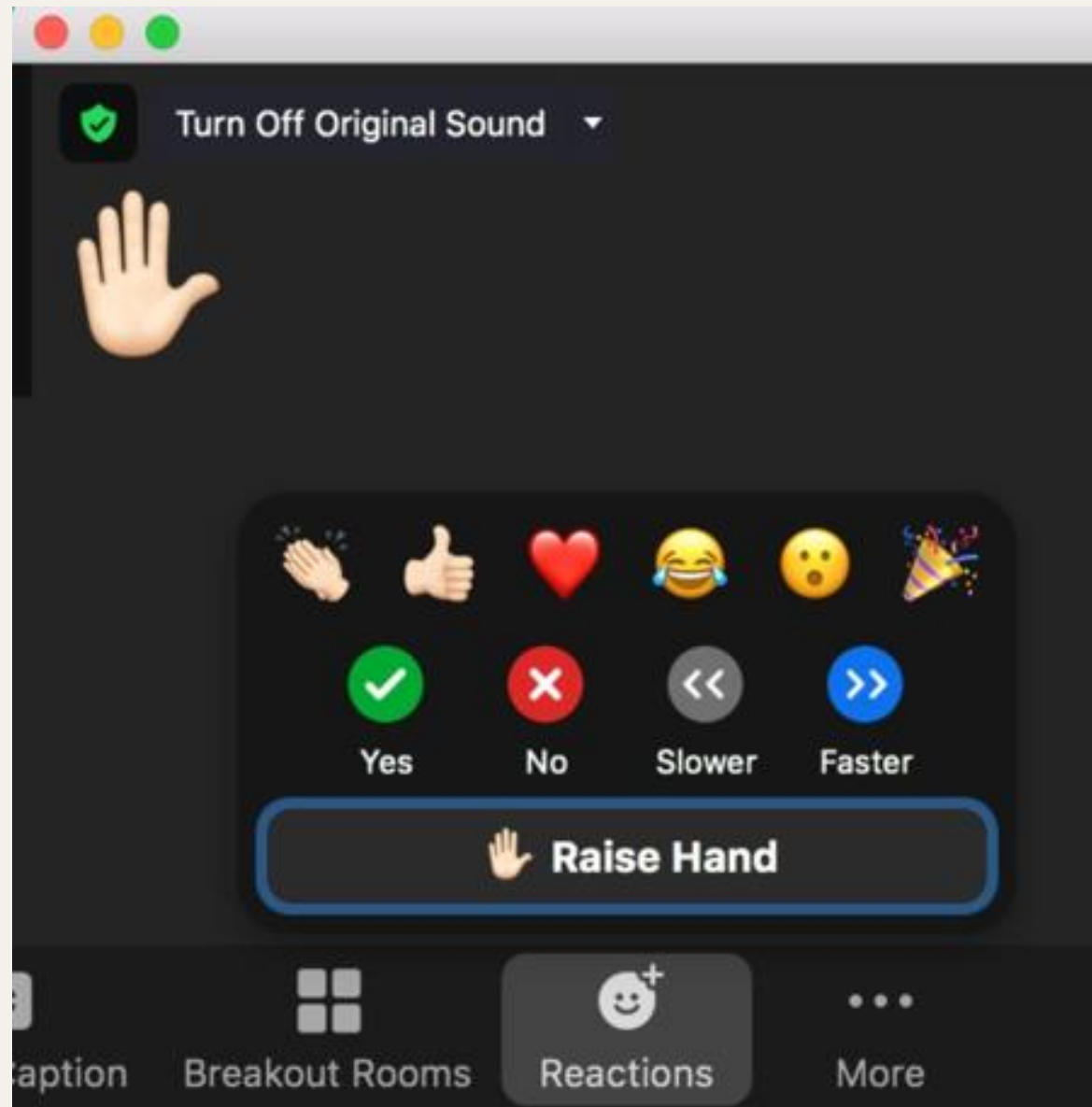
Housekeeping

Start / Stop Video



Housekeeping

Reactions

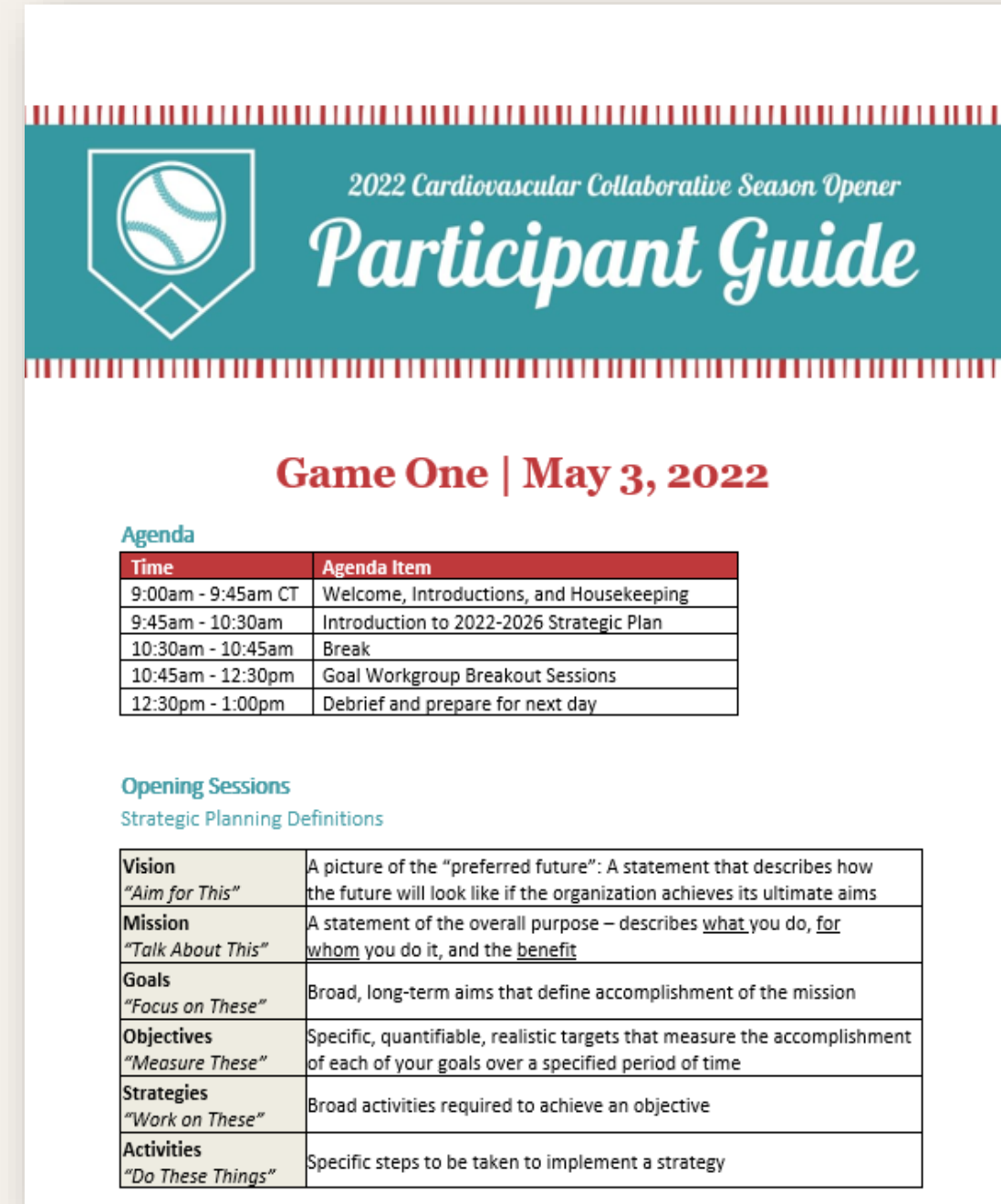


Housekeeping

Participant Guide

Can be found...

- In the calendar hold
- In the chat box



The image shows a document titled "2022 Cardiovascular Collaborative Season Opener Participant Guide". It features a teal header with a soccer ball icon. Below the header, it specifies "Game One | May 3, 2022". The document includes an agenda table with times and items, and a section for "Opening Sessions" with a table of strategic planning definitions.

2022 Cardiovascular Collaborative Season Opener
Participant Guide

Game One | May 3, 2022

Agenda

Time	Agenda Item
9:00am - 9:45am CT	Welcome, Introductions, and Housekeeping
9:45am - 10:30am	Introduction to 2022-2026 Strategic Plan
10:30am - 10:45am	Break
10:45am - 12:30pm	Goal Workgroup Breakout Sessions
12:30pm - 1:00pm	Debrief and prepare for next day

Opening Sessions
Strategic Planning Definitions

Vision "Aim for This"	A picture of the "preferred future": A statement that describes how the future will look like if the organization achieves its ultimate aims
Mission "Talk About This"	A statement of the overall purpose – describes <u>what</u> you do, <u>for</u> <u>whom</u> you do it, and the <u>benefit</u>
Goals "Focus on These"	Broad, long-term aims that define accomplishment of the mission
Objectives "Measure These"	Specific, quantifiable, realistic targets that measure the accomplishment of each of your goals over a specified period of time
Strategies "Work on These"	Broad activities required to achieve an objective
Activities "Do These Things"	Specific steps to be taken to implement a strategy

Housekeeping

Introductions / Ice Breaker

What's your favorite
baseball or softball
team? Can be real or
fictional!



what's your favorite team?



INTRODUCTION TO 2022-2026 STRATEGIC PLAN AND REVISED LEADERSHIP STRUCTURE



Strategic Planning Process



2021 | 2022

March-
August:
Gather data
& perform
interviews

September:
Strategic
Planning
workshop

October -
December:
Refine
Goals and
Strategies

January -
February
Refine
Objectives

March-
April:
Finalize
Plan



South Dakota Cardiovascular Collaborative Strategic Plan, 2022-2026

VISION: Healthy people, healthy communities, healthy South Dakota

MISSION: To improve quality of life for all through prevention and management of cardiovascular disease and associated risk factors

PRIORITY POPULATIONS: Native Americans, people living in rural areas, people with lower incomes

Goals Focus On	I. Advance health equity in prevention, treatment, and management of cardiovascular disease	II. Optimize health through prevention of chronic diseases	III. Improve response to acute cardiovascular incidents	IV. Support cardiovascular disease management
Objectives Measure	<ol style="list-style-type: none">1. Maintain or decrease the age-adjusted mortality rate from heart disease among Native Americans at 258.3 per 100,0002. Decrease the percentage of adults with an income of less than \$25,000 who have ever been diagnosed with heart attack from 6.8% to 5.6%3. Increase the percentage of adults with an income of less than \$25,000 who report having a health care provider from 68.2% to 75%4. Maintain or decrease the percentage of adults living in rural areas diagnosed with a heart attack at 5.3%5. Increase the percentage of patients who reported that their doctor always explained things in a way they could understand from 82% to 88%	<ol style="list-style-type: none">1. Maintain or increase the percentage of adults classified as having a normal weight by BMI at 29.8%2. Increase the percentage of adults who meet physical activity guidelines of 150 minutes or more per week from 45.8% to 54.5%3. Decrease the percentage of adults who currently use commercial tobacco from 26% to 23%4. Increase the percentage of adults who report visiting their doctor for a routine checkup within the last year from 76.2% to 78%	<ol style="list-style-type: none">1. Decrease ambulance chute times from 3.9 minutes to 3.25 minutes2. Increase the number of Cardiac Ready Communities from 1 to 53. Increase the number of EMTs from 3,132 to 3,8504. Decrease the age-adjusted mortality rate due to stroke from 35.4 per 100,000 to 32.0 per 100,0005. Decrease the age-adjusted mortality rate due to heart disease from 155.1 per 100,000 to 153 per 100,000	<ol style="list-style-type: none">1. Increase the number of participants who complete Better Choices, Better Health SD from 460 to 7412. Increase the percentage of adults with high blood pressure who regularly check their blood pressure from 63% to 65%3. Maintain or decrease the percentage of adults who have ever been diagnosed with a heart attack at 4.2%4. Maintain or decrease the percentage of adults who have ever been diagnosed with stroke at 2.6%
Strategies Work On	<ol style="list-style-type: none">A. Collaborate with communities and priority populations to identify and address needs related to cardiovascular healthB. Promote equitable access to prevention, treatment, and management programs and resourcesC. Enhance partners' organizational capacity to promote health equity across sectors	<ol style="list-style-type: none">A. Promote increased physical activity across the lifespanB. Promote healthy food and beverage consumptionC. Promote commercial tobacco cessationD. Encourage annual preventive care visits and screeningsE. Support healthcare professionals in counseling patients about risk factors and making referrals to prevention programsF. Support implementation of K-12 holistic health education programs	<ol style="list-style-type: none">A. Strengthen the active EMS workforceB. Promote adoption of the Cardiac Ready Community programC. Promote continuity and collaboration of care at each point of the chain of survivalD. Bolster review and utilization of cardiovascular dataE. Promote utilization of the latest cardiac and stroke guidelines	<ol style="list-style-type: none">A. Support referral of adults with cardiovascular disease to management programs and resourcesB. Promote utilization and support pharmacist-provided services, including medication therapy managementC. Support expansion of the CHW professionD. Maximize community-clinical linkages

CORE PRINCIPLES

Emphasize health equity | Engage partners and communities | Collaborate across sectors and chronic disease programs | Endorse holistic health promotion | Use evidenced-based strategies

Goal I : Advance health equity in prevention, treatment, and management of cardiovascular disease

OBJECTIVES – what we're measuring

1. Maintain or decrease the age-adjusted mortality rate from heart disease among Native Americans at 258.3 per 100,000
2. Decrease the percentage of adults with an income of less than \$25,000 who have ever been diagnosed with heart attack from 6.8% to 5.6%
3. Increase the percentage of adults with an income of less than \$25,000 who report having a health care provider from 68.2% to 75%
4. Maintain or decrease the percentage of adults living in rural areas diagnosed with a heart attack at 5.3%
5. Increase the percentage of patients who reported that their doctor always explained things in a way they could understand from 82% to 88%

STRATEGIES – what we're working on

- A. Collaborate with communities and priority populations to identify and address needs related to cardiovascular health
- B. Promote equitable access to prevention, treatment, and management programs and resources
- C. Enhance partners' organizational capacity to promote health equity across sectors

Goal II: Optimize health through prevention of chronic diseases

OBJECTIVES – what we're measuring

1. Maintain or increase the percentage of adults classified as having a normal weight by BMI at 29.8%
2. Increase the percentage of adults who meet physical activity guidelines of 150 minutes or more per week from 45.8% to 54.5%
3. Decrease the percentage of adults who currently use commercial tobacco from 26% to 23%
4. Increase the percentage of adults who report visiting their doctor for a routine checkup within the last year from 76.2% to 78%

STRATEGIES – what we're working on

- A. Promote increased physical activity across the lifespan
- B. Promote healthy food and beverage consumption
- C. Promote commercial tobacco cessation
- D. Encourage annual preventive care visits and screenings
- E. Support healthcare professionals in counseling patients about risk factors and making referrals to prevention programs
- F. Support implementation of K-12 holistic health education programs

Goal III: Improve response to acute cardiovascular incidents

OBJECTIVES – what we're measuring

1. Decrease ambulance chute times from 3.9 minutes to 3.25 minutes
2. Increase the number of Cardiac Ready Communities from 1 to 5
3. Increase the number of EMTs from 3,132 to 3,850
4. Decrease the age-adjusted mortality rate due to stroke from 35.4 per 100,000 to 32.0 per 100,000
5. Decrease the age-adjusted mortality rate due to heart disease from 155.1 per 100,000 to 153 per 100,000

STRATEGIES – what we're working on

- A. Strengthen the active EMS workforce
- B. Promote adoption of the Cardiac Ready Community Program
- C. Promote continuity and collaboration of care at each point of the chain of survival
- D. Bolster review and utilization of cardiovascular data
- E. Promote utilization of the latest cardiac and stroke guidelines

Goal IV: Support cardiovascular disease management

OBJECTIVES – what we're measuring

1. Increase the number of participants who complete Better Choices, Better Health SD from 460 to 741
2. Increase the percentage of adults with high blood pressure who regularly check their blood pressure from 63% to 65%
3. Maintain or decrease the percentage of adults who have ever been diagnosed with a heart attack at 4.2%
4. Maintain or decrease the percentage of adults who have ever been diagnosed with stroke at 2.6%

STRATEGIES – what we're working on

- A. Support referral of adults with cardiovascular disease to management programs and resources
- B. Promote utilization and provide support of pharmacist-provided services, including medication therapy management
- C. Support expansion of the CHW profession
- D. Maximize community-clinical linkages

2022 Leadership Team



GOAL I

- Laura Streich
- Rachel Sehr

GOAL II

- Liz Marso
- Larissa Skjonsberg

GOAL III

- Chrissy Meyer
- John Harper

GOAL IV

- Josh Ohrtman
- Rachel Sehr

Additional LT Members

- Andrea McCauley
- Marty Link
- Holly Arends





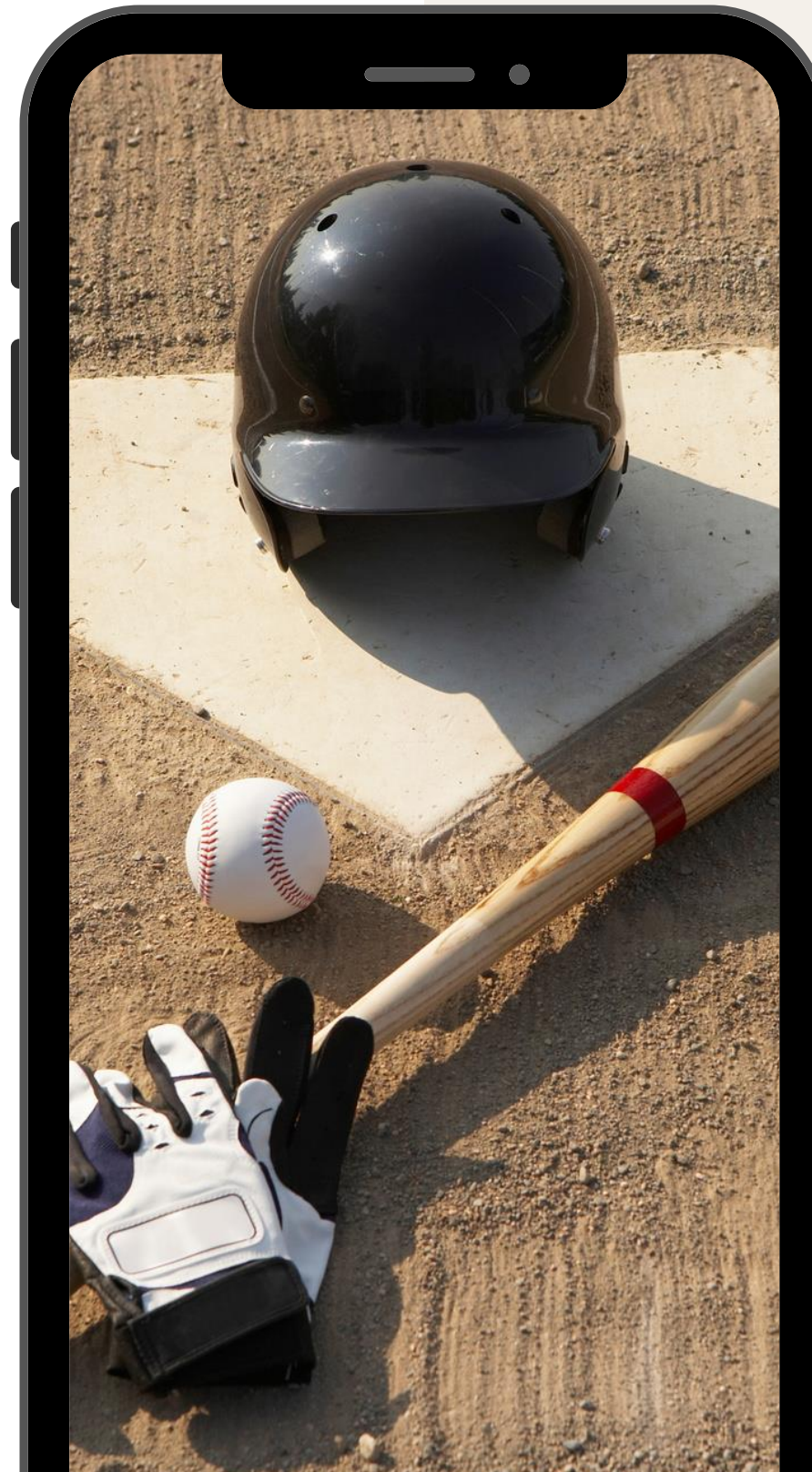
DOH Cross-Program Meeting



- Cancer
- Cardiovascular Disease
- Community Health Workers
- Dental/Oral Health
- Diabetes
- Immunization
- Injury
- Nutrition and Physical Activity
- Opioid
- Suicide
- Tobacco

On Deck!

We are in the process of updating recruitment materials, so look out for updated resources soon!



- One-Pager
- Communications two-pager
- Business Cards
- Email template for CC recruitment
- Rack Card
- And more!



Team Roster: Workgroup Assignments ➤

Goal I: Equitable Echidnas	Goal 2: Prevention Piranhas	Goal III: Responsive Rattlers	Goal IV: Management Macaws
 <p> Laura Streich Ben Tiensovold Holly Arends LaToya Brave Heart Thomas Gulledge Laura Harmelink Kiley Hump Taylor LeBrun Lyndsey Mager Jennifer Olson </p>	 <p> Liz Marso Larissa Skjonsberg Kayla Magee Stacie Fredenburg Connie Halverson Kathy Jedlicka Denise Kolba Shelby Kommes Mary Michaels Tim Nikolai Sierra Phelps Shannon Udy Enid Weiss </p>	 <p> Chrissy Meyer Marty Link Chase Fredericksen Becky Heisinger Ellen Krogh Amanda Saeger Jason Schneider Steve Schroeder Barb Smith </p>	 <p> Joshua Ohrtman Rachel Sehr Kari Bruns Diane Eide Lisa Fox Sean Hollearn Andrea McCauley Rebecca Piroutek Lori Reetz Colette Weatherstone </p>

Game One



WATER BREAK! RETURN BY: 10:45

Grab some peanuts and cracker jacks while we wait for the game to resume.



Guess the Team Logo



Baltimore
Orioles



Chicago
Cubs



Minnesota
Twins



New York
Yankees

Game One



GOAL AREA BREAKOUT SESSIONS



Team Roster: Workgroup Assignments ➤

Goal I: Equitable Echidnas	Goal 2: Prevention Piranhas	Goal III: Responsive Rattlers	Goal IV: Management Macaws
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Post-Game Debrief



- Goal Area Report Outs
- Any Questions?
- What is one thing that stands out to you?



GET READY FOR GAME 2!



Wednesday May 4, 2022
9:00am – 1:00pm CT

Time	Agenda Item
9:00am - 9:30am CT	Welcome and Housekeeping
9:30am - 11:30am	Goal Area Workgroup Breakout Sessions
11:30am - 11:45am	Break
11:45am - 12:45pm	Large Group Debrief
12:45pm - 1:00pm	Closing